

GANNON BACKER – NBA DRIBBLE MOVES

Go to yoube tube at <https://www.youtube.com/watch?v=ZOW5uUNemDQ> to see all the below moves.

Allen Iverson Crossover

- Get shoulder lower than your defender
- Ball needs to be low outside your knee
- On the crossover swing it slow to quick
- Finish with a layup

Allen Iverson Crossover Counter

- Same as above but with a behind the back crossover as well
- Ensure move is completed within 2 dribbles,
- Get into next play in 2 seconds and playing straight lines
- Finish with a layup

Tony Parker Combo

- Behind the back crossover into a normal crossover
- Stay low and get ball below your knee
- Finish with Body Wrap Layup

Tony Parker Combo Counter

- Same as above but with double crossover
- Change speed on crossover slow to quick
- Finish with Body Wrap Layup
-

Chris Paul Onside

- Execute a normal onside dribble
- Finish with Euro Step

Chris Paul Onside Counter

- Execute a normal onside dribble
- Then execute a between the legs crossover
- Finish with Euro Step

Chris Paul Counter Advance

- Execute a normal onside dribble
- Then execute a between the legs crossover
- Then execute a behind the back
- Finish with step Back move into Jump Shot

Derek Rose Killer XO

- Between the Legs crossover
- Then execute a behind the back crossover
- Finish with step Back move into Jump Shot

Derek Rose Killer XO Counter

- Between the Legs crossover
- Then execute a behind the back crossover
- Then finish of with normal crossover
- Finish with Jump Stop into Jump Shot

Dirk Nowitzki Step Back

- Dribble jab with crossover through the legs from behind
- Use blow by dribble to go the opposite direction.
- Finish with Separation move into Jump Shot

Dirk Nowitzki Step Back Counter

- Dribble jab with crossover through the legs from behind
- Crossover back to same side
- Add a blow-by dribble – Practice going right & Left with the blow-by
- Finish with Separation move through the legs move into Jump Shot

Deron William – Spin Series – Move 1

- Execute an onside through the legs
- Then go straight into a spin move
- Finish with Separation move behind the back move into Jump Shot

Deron William – Spin Series – Move 2

- Execute a through the legs crossover
- Then go straight into a spin move
- Finish with Separation move behind the back double crossover move into Jump Shot

Deron William – Spin Series – Move 3

- go straight into a spin move
- Then execute a retreat dribble with a crossover
- Finish with Jump Stop into Jordan move

Grayson Smith – Stutter

- Double crossover through the legs
- Then execute a blow-by dribble to get past your defender
- Choose your finish